

Te Tahi Youth

“To develop, flourish & thrive.”

For 30 years, Te Tahi Youth has been at the heart of supporting rangatahi in Ōtautahi, providing essential services for 10 – 24-year-olds by providing a ‘one-stop shop’ for medical, sexual and mental health services, as well as mentoring and employment support to help Ōtautahi rangatahi develop and thrive. And it’s all free.

We are a direct service provider, meaning every dollar donated has an immediate and tangible impact on the lives of young people in our community. As we celebrate this milestone anniversary, we are seeking meaningful support to leverage this special year and create real change for our youth. Your support, whether through a monetary donation or the power of profile, can help us expand our reach and deepen our impact.

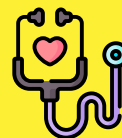
We provide over 8,000 appointments annually across our free medical care, mental health support, and employment assistance services, ensuring that 10 – 24-year-olds receive the comprehensive support they need. Our medical clinic has seen a 90% increase in patient numbers in the past financial year, leading to extended wait times that risk leaving vulnerable youth without timely care. Our existing facility no longer meets our needs. The space constraints limit our ability to deliver essential services like therapy sessions, youth workshops, and community programmes.

With your support, we can transform the lives of Ōtautahi young people, offering them a safe space to access life-changing care and opportunities.



454

Patients enrolled through our GP clinic.



8,400+

One-on-One healthcare appointments.



284

Rangatahi supported by our therapy team.



193

Rangatahi engaged in our employment programme.



130+

Rangatahi supported through coaching, mentoring & social work.

Let's start the conversation...

We'd love to chat about how you can support. Whether you're interested in structured giving opportunities or prefer a more flexible approach, your support will directly impact the lives of rangatahi in Ōtautahi. Contact us today to discuss your ideas or to learn more:

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